

# Mead Family Newsletter October 2023

### A Message From Your Principal

Hello Mead families!

We are officially one month into the school year. It's so exciting to see students settled into routines and already learning so many amazing new skills. Our Mustangs are working hard on developing perseverance (sticking with it even when it's tough) and being an engaged learner (staying focused and connected in class). You can help us at home by giving kids' tasks or chores to complete around the house, setting clear expectations and routines for them to follow, and making sure they are getting plenty of sleep.

If your Mustang rides a bus, they may have mentioned getting an assigned bus seat. We moved to this after getting several complaints about bus behaviors. We want students to be able to ride the bus, but please understand that **riding the bus is a privilege**. **If a student cannot follow the expectations** of keeping their body to themself, using school appropriate language, using a 0-1 voice level (quiet voice), and remaining seated, **they may be removed from the bus**. We will continue to reinforce these expectations, but we ask that families also talk with their children about appropriate behaviors on the bus, as well.

We appreciate your partnership and support as we work together to ensure our Mustangs succeed!

Amber Applebee, Principal



## **Important Dates in October**

- → October 2-6: Healthy Smiles
- → October 5-19th: PTC Fundraiser
- → October 11: Fire Prevention Day (Kinder & 3rd Grade)
- → October 16th: Junie B. Jones Play (Grades 1-3)
- → October 16th: Deadline for Vaccination Compliance
- → October 26th: Picture Retake Day
- → October 27th: Autumn Break (No School)



For other important events going on in our community, be sure to check out our "Community Events Page" on our district website.



We want our Mustang's to be successful, and to do that, we need them in school, on time, every day. Please help us out by scheduling appointments outside of school hours and vacations on our no school days or already scheduled breaks.

If the unavoidable happens and your child can't make it to school, please be sure to call our attendance line at (715) 424-6765 to avoid unexcused absences. Unexcused absences on your child's record will result in an attendance meeting with the Mead staff and possible truancy charges if the problem continues.



Need to pick your child up early? Please call our office at (715) 424-6777 by 1pm on Monday and 2pm Tuesday-Friday, so that we can make sure your end of day plans are communicated to your child and their teacher. We cannot guarantee last minute calls will get to students/staff in time to follow your late request, which is why it's important to give us plenty of notice.

Thank you for your advanced communication!



# Make a Difference— Volunteer for Day of Caring!

Fall is here, visible in the vibrant red, yellow, and orange leaves spreading across treetops—and soon to be piling up in yards.

Unfortunately, many of our elderly and disabled neighbors can't handle yard cleanup activities like leaf raking, and need our help.

That's why every October, United Way of South Wood & Adams Counties organizes hundreds of volunteers to rake leaves for those in-need during the annual Day of Caring event.

Volunteers of all ages can participate, making Day of Caring a great opportunity for families and youth! Register online at uwswac.org & get a free t-shirt!

Join over 400 other community members, groups, teams, and youth organizations in helping our elderly and disabled neighbors in-need on Saturday, October 21st—register today!

For more information, contact Amy at United Way by email at amy@uwswac.org or by phone at 715-421-0390.

**United Way of South Wood & Adams Counties** 





#### Mead Elementary School

241 17th Ave. S. Wisconsin Rapids WI 54495

> Phone: 715-424-6777 Mead Elementary, WRPS

#### Dear Families.

For the 2022-23 school year, WRPS elementary schools will be completing a teacher survey called the SAEBRS and a student survey called the mySAEBRS to support our students in successful participation throughout the school day. Teachers will complete surveys for students in grades K-12, and students in grades 2-12 will also complete a self-rating survey. The self-rating survey for students will only take a few minutes to complete and will be completed 2 or 3 times throughout the school year. The SAEBRS and mySAEBRS are universal screening tools to gather information about student behaviors in the following 3 domains:

- Social behaviors students will rate themselves on the following:
  - I argue with others
  - o I get along with my peers
  - I lose my temper
  - I disrupt class

- I am respectful
- o Other people like me
- I have trouble waiting my turn
- Academic behaviors students will rate themselves on the following:
  - I like school
  - I am ready for class
  - I get good grades

- I have trouble working alone
- It's hard to pay attention in class
- I participate in class
- Emotional behaviors students will rate themselves on the following:
  - I feel sad
  - I feel nervous
  - I like to try new things
  - I am happy

- I am worried
- When something bad happens, it takes a while for me to feel better
- I like being alone

The information that we obtain from the teacher and student surveys will allow classroom teachers and support staff to identify strategies and interventions that may be helpful in the classroom environment to best support learning for all students.

The student survey will be administered to all students unless parents contact the building principal to have them opt out. Student surveys will take place between October 1-15, 2023.

If you have any questions or concerns about your child's participation in this student survey, please contact your child's elementary building principal.







# October Breakfast and Lunch Menus.

School Wide Title I Services: Mead Elementary School offers school-wide Title I services to all students. Title I is a federal program providing funding to support intervention to students who are struggling to reach grade level standards. At Mead, intervention teachers work with small groups of students in need of additional support in reading and math. Our intervention teachers also work in classrooms with the classroom teachers. If you do not want your child to receive these services, please contact the office for a form to fill out to opt your child out of these learning opportunities.

#### **News from the Nurse**

Greetings WRPS families,

Even though fall has just begun, the temperatures are already dropping! Please make sure you are sending appropriate outside clothing with your student (hats, gloves, winter jackets). Along with weather changes comes illness. Please keep your student home if they have a temperature of 100.4 or greater, vomiting, and/or diarrhea or if they just are not feeling well enough to attend school.

Also, if your student has a history of asthma and they need an inhaler, please make sure they have their inhaler at school and an order from the doctor for use. Asthma exacerbation/flare up is very common due to weather changes.

#### **RSV (Respiratory Syncytial Virus)**

A common respiratory virus that usually causes mild cold-like symptoms. Most people recover in a week or two, but RSV can be serious, especially in infants and older adults. A nasal swab can be taken to confirm RSV at any clinic. For care of, transmission, and prevention of RSV, please view the following link

#### Symptoms usually include:

- Runny nose
- Decrease in appetite
- Coughing
- Sneezing
- Fever
- Wheezing



#### Influenza (Flu)

Influenza is a contagious respiratory illness caused by influenza viruses that infect the nose, throat, and sometimes the lungs. It can cause mild to severe illness. A nasal swab can be taken to confirm influenza at any clinic. For care of, transmission, and prevention of influenza, please view the following <a href="Link">Link</a>

#### Symptoms usually include:

- Fever/chills
- Cough
- Sore throat
- Runny/stuffy nose
- Muscle/body aches
- Headaches
- Fatique
- Vomiting/diarrhea (this is more common in children than adults)

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#### COVID

COVID is a contagious respiratory illness caused by SARS-COV-2, a coronavirus discovered in 2019. The virus spreads mainly from person to person through respiratory droplets produced when an infected person coughs, sneezes, or talks. Some people who are infected may not have any symptoms at all. A nasal swab can be taken at home or any clinic to confirm COVID. For care of, transmission, and prevention of COVID, please view the following link

#### Symptoms usually include:

- Fever/chills
- Cough
- Shortness of breath or difficulty breathing
- New loss of taste or smell
- Fatigue
- Muscle/body aches
- Headaches
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea



If your student has Covid and is fever-free and is feeling well enough to attend school, they may attend. Currently there is no masking requirement, but if they feel more comfortable wearing one that is fine.

As always, if your student has a fever of 100.4 or greater, vomiting, or diarrhea, they need to remain home for 24 hours fever-free without using fever-reducing medications and be vomit/diarrhea free for 24 hours after the last episode.

#### **Vaccinations**

As you have seen in the past few newsletters, we will be excluding non-compliant students this year. The first legal notice was mailed on 9/25. If you have received a notice, but believe your student is compliant with their vaccinations/waivers, please contact your nurse. Below is a list of the required vaccinations by age/grade level. If you do not plan to vaccinate your student, the link to the required waiver is here: https://www.wrps.org/parents/immunize/english\_vaccination\_version\_2017.pdf

#### Age/Grade Required Immunizations (Number of Doses)

2 years through 4 years 4 DTP/DTaP/DT, 3 Polio, 1 MMR, 1 Var, 3 Hep B, 3 Hib4, 3 PCV5

Kindergarten through grade 6 4 DTP /DTaP/DT/Td1, 4 Polio, 2 MMR, 2 Var3, 3 Hep B

Grade 7 through grade 8 4 DTP/DTaP/DT/Td, 1 Tdap2, 4 Polio, 2 MMR, 2 Var3, 3 Hep B

Grade 9 through grade 12 4 DTP/DTaP/DT/Td, 1 Tdap2, 4 Polio, 2 MMR, 2 Var3, 3 Hep B



#### Deadline for Vaccination Compliance October 16<sup>th</sup>, 2023

We have been experiencing a large influx of students visiting the nurse's office in the morning with complaints of an upset stomach or headache. Approximately 75% of those visits are due to students not eating any breakfast prior to arriving at school or not utilizing the school breakfast that is provided. Please reiterate the importance of eating in the morning to optimize their experience at school. It also wouldn't hurt for them to keep a snack in their backpack or locker in the event they were not able to get anything to eat. Also, please send a water bottle with them to school to maintain adequate hydration to avoid recurring migraine/headaches. The more time a student is in the classroom, the greater the chance of a successful year.

#### Thank you!

Amanda Zwetz, RN **District Nurse** WRAMS/Mead



Event	Date
Mental Illness Awareness Week	October 1-7
National Primary Care Week	October 1-7
National PA Week	October 6-12
Bone and Joint Health Action Week	October 12-20
International Infection Prevention Week	October 15-21
National Healthcare Quality Week	October 15-21
National Health Education Week	October 15-21
Red Ribbon Week	October 23-31
Respiratory Care Week	October 22-28